



Stay Safe

On Line

SMART RULES

S SAFE

Keep safe by being careful not to give out personal information – such as your name, email, phone number, home address, or school name – to people who you don't trust online... [find out why]

M MEETING

Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present... [find out why]

A ACCEPTING

Accepting emails, IM messages, or opening files, pictures or texts from people you don't know or trust can lead to problems – they may contain viruses or nasty messages!... [find out why]

R RELIABLE

Someone online may be lying about who they are, and information you find on the internet may not be reliable... [find out why]

T TELL

Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable or worried. You can report online abuse to the police at: www.thinkuknow.co.uk... [find out why]

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Useful Web Sites

Organisation	Website
	http://www.thinkuknow.co.uk/Default.aspx?AspxAutoDetectCookieSupport=1
	http://www.ceop.gov.uk/
	http://www.childnet-int.org/
	http://www.kidsmart.org.uk/
	http://www.bbc.co.uk/cbbc/help/safesurfing/

Do's and Don'ts

- DO
- Encourage your child to use a computer and the internet.
- Share their experiences, help them to find information.
- Ask them to teach you what they can do.
- Install filtering software and virus-checking software

- DON'T
- Allow your child to shut themselves away in their bedroom with a computer.
- Allow them to meet 'friends' they have 'met' on the internet unsupervised.
- Allow them to download or buy things without permission.
- Be worried – find out